

How to dress for contests

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Dress up!

It seems a banal reminder, but few of the contestants tend to pay increased attention to this component. Delighted at aigé and okay. No, not okay! You need to dress so that ah ... everyone dumped! Nevertheless know that a person is celebrated at clothes ... And if you attach to first-class clothes yet and sparkling self-sustaining, which will be built taking into account the analyzed primary and secondary information about which we wrote before, you can assume that you make a good ground for the final Victory.

How to dress for the competition?

Remember that the victory in the competition, as a rule, consists of several components, i.e. Of the several competitions included in the contest itself. At the same time, like such a "rivalry for clothes", no one ever declares (if, of course, you do not have to participate in the beauty contest :)) However, a good choice of clothing, clothing, selected with taste, will give you an additional hidden advantage that Surely contributes to your promotion to the top of the competitive race.

Therefore, remember that good clothes are always a big plus in any contest. Nobody canceled the psychology of people ...

5. Be active and will appreciate you.

Now go to the competition. Here you came or arrived at the contest. What's next? First of all, do not worry. Go around the hall, calmly rate the situation. Look at your rivals (competitives are usually always noticeable - they are worried about others). Evaluate their gaze and ... no longer pay attention to them, up to the beginning of the competition. Why do you need to worry about once again, looking at the half-sufficient state of your opponents? Nerves and resistance to you will be more useful.

But here comes what you were preparing over the past weeks. The chairman of the jury says welcoming words and rushed ... Again, we urge you to think only about yourself, do not look around, do not "collect" outsiders' fears. First of all, as it usually happens, the main competition begins with a homework. This contest is designed to "warm up" participants. Due to the fact that we paid a lot of time to preparing homework, we hope that you have no questions left for this contest.

The main thing is remember - expressiveness, activity and joyful happy eyes - that's what you need in order to impress the public.

How to win the contest?

All these qualities would be good "carry" with them throughout the competition, because Their presence is always favorably affecting the members of the jury. People like to look at confident, happy people. And since people like something, then, accordingly, they value it as necessary, i.e. at the highest level. Emit positive during any competition, because people, rather, look not on what you say or do, people, more degree, look at every spark of confidence in their forces that are so lacking most people, including your opponents on contest.

Conclusion: In this article we considered the question: "How to win in the competition." We told you about some intricacies of preparation for the competition, about psychological techniques as about some of the fundamental components of the assessment of your person at the competition by members of the jury.